Biological Nurturing: Releasing Innate Behaviours to Enhance Breastfeeding

8:15 – 8:45 Registration
Bookstore Open
Continental Breakfast

8:45 – 9:00 La Leche League Canada video presentation

9:00 – 10:30
Biological Nurturing: The Laid-back Breastfeeding Revolution – 90 minutes

Compelling video data show how Biological Nurturing components interrelate and interact releasing newly discovered primitive neonatal reflexes and maternal behaviours that aid breastfeeding. Learn what this new research tells us about maternal/newborn feeding competence and how gravity can either help or hinder latch across breastfeeding feeding positions.

10:30 – 10:45 Mid-morning Break

10:45 – 12:00
Mother-baby Behavioral States and Professional Breastfeeding Assessment – 75 minutes

High maternal oxytocin pulsatility is associated with longer breastfeeding duration. Learn how to promote an environment conducive to breastfeeding success and how to observe behaviour from a hormonal perspective.

12:00 – 1:00 Lunch

1:00 – 2:00
Mother-baby Behavioral States and Professional Breastfeeding Assessment (continued) – 60 minutes

Learn new parameters and how one’s teaching methods can either enhance or undermine maternal hormonal state.

2:00 – 2:30
Putting It All Together With Scenarios – 30 minutes

Interactive session: exploring ways to establish breastfeeding promotion and assessment priorities the Biological Nurturing Way followed by feed-back and discussion. (continues after the break)

2:30 – 2:45 Mid-afternoon Break

2:45 – 4:00
Putting It All Together With Scenarios (continued) – 75 minutes

4:00 – 4:15 Evaluations and Closing

5.5 L-CERP have been approved by the IBLCE
At the completion of the seminar, participants will be able to:

- Identify the components and sub components of biological nurturing and understand the mechanisms of how and why biological nurturing works
- Differentiate between innate and learned behaviours
- Describe the use of reflex theory to support breastfeeding initiation and summarize four types and three functions of primitive neonatal reflexes in the breastfeeding context
- Describe the difference between dorsal and frontal neonatal breastfeeding positions
- Identify the continuity of behaviours linking birth with breastfeeding
- Describe neonatal behavioural states
- Critically appraise a typical hospital guideline for babies not interested in breastfeeding
- Describe how babies latch and breastfeed in sleep states
- Describe baby reflex feeding cues
- Describe innate maternal breastfeeding behaviours
- Define ‘hormonal complexion’
- Describe behavioral versus mechanical effects of oxytocin
- Identify common practices that may inadvertently suppress high maternal oxytocin pulsatility
- Describe two clinical pathways to clarify how to use biological nurturing during the first postnatal days following normal hospital/home birth and as a proactive strategy to reduce the impact of abrasive birth interventions
- Use biological nurturing to initiate breastfeeding in a variety of circumstances, including following normal birth and where special circumstances of labour and delivery or physiology are factors affecting breastfeeding

Register on-line here: www.lllc.ca/health-professionals

Registrations received on or before September 6, 2011: $160.00
Registrations received after September 6, 2011: $175.00
(Subject to availability of space)

Registration fee includes:
- continental breakfast
- two nutrition breaks
- lunch
- syllabus
- certificate of attendance

Cancellations received prior to September 13, 2011 will be subject to a $30.00 administration fee. We cannot accept cancellations after September 13, 2011; however, substitutions may be made.