



# *La Leche League Canada*

www.LLLC.ca

**LLLC—breastfeeding knowledge, support and community**

## **Membership Information:**

La Leche League Canada welcomes the financial support of all who access our unique mother-to-mother breastfeeding information and support. La Leche League Canada's accredited volunteers provide these services to mothers in communities across Canada in many ways including group meetings, one-on-one helping, phone and e-mail helping, information leaflets, group libraries of books on breastfeeding and parenting, our website and workshops and conferences for parents and health care professionals.

La Leche League Canada's basic annual membership of **\$35.00** is shared throughout the organization in the following ways:

Your local Group (if the membership is purchased through a Group) gets **\$7.00** to provide the books in the Group library and to cover the local costs of running the Group including advertising, providing on-going education to the current Leaders and to train new Leaders.

Your geographic area gets **\$5.00** to provide province/territory wide advertising, support regional phone help-lines and fund Leader and potential Leader education events and services. These educational events often include sessions for mothers and families as well.

La Leche League Canada uses the remaining **\$23.00** to support its work at the national level. This includes the information and support services of the LLLC website ([www.LLLC.ca](http://www.LLLC.ca)) and the national phone help line, affiliation with La Leche League International and two widely distributed e-newsletters while also providing support and educational services to Leaders and members across Canada.

A sustaining membership of **\$50.00** allows La Leche League Canada to provide all of the services above and increases our ability to reach out to other new mothers and health care professionals with information to support and sustain breastfeeding.

With your help La Leche League Canada can continue to provide breastfeeding information and support to nearly 30,000 individuals each year. If you value the services of La Leche League Canada we hope you will join us in making sure they are available for all Canadians.

# La Leche League Canada

## Membership Form

*(Please print or type if sending by regular mail.)*

Name:

Address:

City:

Province:

Postal Code:

Area Code:

Phone Number:

Email:

Membership: *Please check the one(s) below that are applicable.*

New:

Renew:

Previous membership lapsed:

Basic \$35

Sustaining \$50

Donation:

I belong to LLLC Group:

*(Please provide the Group name and account number)*

Account #:

### **Credit Card Information**

*(Please do not send credit card information by e-mail)*

VISA:

MasterCard:

Amount:

Card Number:

Expiry Date:

Member Signature:

Listed Leader:

Listed Leader's Telephone Number:

Email:

Mail to:

La Leche League Canada

P. O. Box 700

Winchester ON K0C 2K0

Questions: email [adc@LLLC.ca](mailto:adc@LLLC.ca) or telephone (613) 774-4900